



We need your support

DONATE NOW

INTERIM NEWSLETTER

Welcome & Update from the Editor



Welcome to the fifth edition of our newsletter!

Thank you so much for all your support during the VE celebration. We'll be sharing all the photos in the next edition, as we've decided to produce a full newsletter every other month.

To keep you updated in the meantime, we'll now be sending out a shorter interim newsletter on alternate months, focusing on upcoming events and workshops.

We hope you find this new format helpful and informative.

Thank you, as always, for your continued support.

Warm regards,

Sarah Williams-Martin BEM
Chair – Friends of Giffords Surgery

Forthcoming Events & Workshops



WORKSHOP PRIMITIVE REFLEXES

**Come to our FREE Workshop
You may also attend online**

Do you or a loved one experience: -

- Difficulty focusing or learning?
- Anxiety, sensory issues or emotional outbursts?
- Struggles with coordination or balance?
- Lingering effects of trauma?
- Effects of suspected or diagnosed ADHD or ASD?

These could be linked to unintegrated primitive reflexes

Whether you're a parent seeking support for your child or an adult ready to reclaim control of your life, our personalised approach meets you where you are on your journey to growth. Join Stephen Peters (Co-founder of BrainXMovement) at Giffords Surgery to find out more.

www.brainxmovement.com Instagram: @brainx_movement <https://brainxmovement.com/primitive-reflexes>



4th June 2025
6pm
at Giffords Surgery

**BOOK YOUR
TICKET**



Forthcoming Events & Workshops

FREE - 1.5 HOUR

**ST JOHN AMBULANCE - 3 WAYS TO
SAVE A LIFE - [CLICK HERE TO BOOK](#)
[OR GET MORE INFORMATION](#)**

**St John
Ambulance**



9th July 2025

6.00pm

HAVE YOUR SAY

As a patient of the surgery we need your help to decide on where we focus our fundraising efforts. This will help shape the future of your GP surgery. This survey is a quick vote, anonymous survey. We have a list of things the surgery feel could benefit the patients, that are not covered by the NHS. So have your say below.

More Comfortable Environment (Comfortable Chairs)

Providing comfortable seating for patients, especially those who may need to sit for longer periods, such as older adults, people with disabilities, or those waiting for treatments.

Baby and Neurodiversity-Friendly Clinics

Creating a supportive environment for babies and individuals with neurodiversity by purchasing calming tools like bubble machines and sensory lamps. This will make baby immunisations and clinic visits more comfortable for those with sensory sensitivities.

New ECG Machine (For Heart Monitoring)

A machine used to monitor heart activity by measuring electrical impulses in the heart, helping doctors detect conditions like irregular heartbeats and monitor overall heart health.

INR Machine (Diagnostics for Cholesterol, Glucose, and More)

A machine that measures blood clotting levels and other important health markers like cholesterol and glucose, helping to manage conditions like anticoagulation therapy and diabetes.

Spiroconnect Numed Machine (Pulmonary Function Tester)

A PC-based machine used to measure pulmonary function (how well the lungs are working), which is crucial for diagnosing and monitoring conditions like asthma and COPD.

NObreath FeNO Device (For Asthma Diagnosis)

A device used to measure airway inflammation, helping with the diagnosis and management of asthma by checking how inflamed the airways are, which helps doctors determine the best course of treatment.

Any other suggestions for items that would enhance patient comfort and experience. Please email

We Need Your Help!

THIS IS YOUR GP SURGERY AND WE WANT YOU TO BE A PART OF THIS. IF YOU HAVE SKILLS AND FEEL YOU COULD ADD VALUE, GET IN TOUCH! WE ALSO NEED MORE AREA CO-ORDINATORS, SO IF YOU LIVE IN AREAS OUTSIDE OF MELKSHAM TOWN WE WOULD LIKE TO HEAR FROM YOU. CLICK HERE TO REQUEST MORE DETAILS ON OUR CURRENT VACANCIES.

Volunteer Co-Ordinator



Area Co-Ordinators



Fundrasing Co-Ordinator



Gardening Club Co-Ordinator



Research Co-Ordinator



Lending Library Co-Ordinator



General Volunteering



We really need volunteers to get involved in our community events, if you would like to help on an ad-hoc basis.

[Please register click here](#)