

FRIENDS OF GIFFORDS SURGERY



We need your support

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Welcome & Update from the Editor

Welcome to the third edition of the Friends of Giffords Surgery newsletter! This issue covers both January and February, as we've been busy planning an exciting year ahead.

We kicked things off in style with our first coordinator event at Broughton Gifford Bowls Club, where we combined some "blue sky thinking" with learning how to bowl! A huge thank you to James Morris for organizing the event and to all the club members for making it such a fantastic evening.

This year, we have a wonderful lineup of free workshops for you to enjoy. While attendance is completely free, we've added a donation option for those who'd like to support our work—entirely optional, of course! Our first two workshops have received fantastic feedback, and we're excited to introduce four new sessions (details below). If you sign up but can't make it, please do cancel so others can take your place.

To keep growing, Friends of Giffords Surgery needs more helping hands! If you have skills or time to offer, we'd love to hear from you. We have key volunteer roles available—check out our recruitment page for details. We're also launching a book lending library and a gardening club at the surgery, so if you'd like to get involved, drop us an email.

Finally, we have been busy applying for grants to help us deliver all our objectives for this year - more detail is on the following pages. We will use the grants to develop a special health and wellbeing website and arrange more workshops—stay tuned for updates!

We hope you enjoy this issue. Thank you for your continued support!

Sarah Williams-Martin BEM
Chair - Friends of Giffords Surgery